

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Helga Louw**

Has successfully participated & completed the

**The Challenge - 15km Bezhoek Extreme Trail Run**

held at Bezhoek Farm.

**TIME 01:45:58**

**PACE 07:03/km**

**OVERALL 11 of 62**

**GENDER 4 of 36**

**40 - 49 1 of 15**

25 November 2017, Sat

Date



*BoutTime*

Signature

